



forty hands

East Coast Hood

BAR

LIMITED STUFF

| | |
|--|-----|
| Shaken Honey Oat Latte <small>espresso, oatly oat milk & raw coastal wildflower honey</small> | 8.5 |
| 40 Hands Iced Bubble Coffee <small>espresso, full cream milk, gula melaka caramel & coffee infused golden pearls</small> | 8.5 |
| Avocado Smoothie <small>fresh avocado, full cream milk & raw coastal wildflower honey from the rare honey company</small> | 10 |

HOT

| | Reg | Lrg |
|---|-----|-----|
| Espresso | 5 | |
| Long Black | 5.5 | 6.5 |
| Macchiato/Piccolo | 5.5 | |
| Latte | 6.5 | 7.5 |
| Flat White | 6.5 | 7.5 |
| Cappuccino | 6.5 | 7.5 |
| Mocha | 6.5 | 7.5 |
| Chocolate | 6.5 | 7.5 |
| Chai <small>dirty chai, add espresso +1</small> | 7 | 8 |
| Matcha <small>dirty matcha, add espresso +1</small> | 7 | 8 |

ICED

| | |
|---|-----|
| Black | 7 |
| Latte | 8 |
| Single Origin Cold Brew | 8 |
| Chocolate | 8 |
| Mocha | 8 |
| Chai <small>dirty chai, add espresso +1</small> | 8.5 |
| Matcha <small>dirty matcha, add espresso +1</small> | 8.5 |

Choose Milk:

full cream, low fat, bonsoy soy, oatly oat milk

TEA

| | |
|---------------------|---|
| Hot or Iced | 6 |
| Earl Grey Lavender | |
| British Breakfast | |
| Lemon Ginger Mint | |
| Chamomile Dream | |
| Osmanthus Sencha | |
| Pearl of the Orient | |

JUICE & SODA

| | |
|--|-----|
| Fresh Squeezed Orange Juice | 7 |
| Orange, Carrot, Beetroot & Ginger | 7 |
| Apple & Watermelon | 7 |
| Kale, Green Apple, Spinach & Mint | 8 |
| Virgin Mary - spicy tomato juice & pickles | 8 |
| Raspberry & Passionfruit Kombucha | 8 |
| Yuzu & Lavender Kombucha | 8 |
| San Pellegrino - 500ml | 6.5 |

BOOZE

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| Grapefruit & Rosemary Mimosa <small>organic french bubbles with fresh squeezed grapefruit</small> | 13 |
| Bloody Mary <small>deaths door vodka, spicy tomato juice, pickles & crispy streaky bacon</small> | 14 |
| Kentucky Mary <small>rebel yell kentucky burbon whiskey, spicy tomato juice, pickles & crispy streaky bacon</small> | 15 |
| Sierra Nevada Pale Ale <small>us 5.6%</small> | 10 |
| Stone & Wood Lager <small>aus 4.7%</small> | 10 |
| Tuatara Session IPA <small>nz 4.6%</small> | 10 |
| Zeffer Red Apple Cider <small>nz 5.0%</small> | 10 |

Natural Wine

rotating selection from **brown bag wines**, ask the crew!

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| Glass | 10 |
| Bottle | 50 |

TAKE HOME BUNDLES

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| Bottled Honey Oat Latte x6 <small>cmcr espresso, oatly oat milk & raw coastal wildflower honey - 350ml</small> | 35 |
| Bottled Cold Brew x6 <small>cmcr single origin, steeped for 22 hours - 350ml</small> | 30 |
| Tau Sar Pau x6 <small>singapore's best!</small> <small>fresh & chilled, steam at home</small> | 15 |
| 250g Coffee Beans | 19 |
| 1kg Coffee Beans <small>buy 3 250g bags, get one free!</small> <small>whole beans or ground to suit your brewing method</small> | 57 |



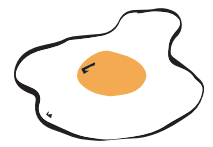
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KITCHEN



ALL DAY BREAKFAST

| | | |
|---|--|----------|
| v | House Granola , berries, nuts, golden kiwi, coconut yoghurt & raw honey | 16 |
| v | Smashed Avo , pepita toast, macadamia & pistachio dukkah, burnt feta, dill, pickled onion, feta yoghurt & herb oil add poached eggs +4 | 20 |
| | Croque Monsieur , tong bahru bakery croissant, honey-baked ham, mozzarella & cheddar cheese add fried egg +2 | 15 |
| v | Chilli Scram , creamy eggs scrambled with onion & chilli, dill feta, wild mushrooms & aged balsamic on toast | 19 |
| | Eggs Benedict , with roasted potatoes, ask for spicy! choice of: grilled bacon & sautéed spinach juicy steak | 19 21 |
| v | Summer Berry & Vanilla Ice Cream Waffle with spicy nut brittle, let us know if you don't like it hot! | 18 |
| | Stinky Har Cheong Gai Waffle , shrimp paste fried chicken with sambal maple syrup & a sunny side up fried egg | 19 |
| | Big Boy Breakfast , choice of beef or pork sausage, grilled tomatoes, crispy streaky bacon, beef bolognese, grilled portobello mushroom, sauteed spinach, flat bread & eggs any style | 25 |
| | Add Extra Sides: crispy streaky bacon, half avocado, portobello mushroom, beef sausage, pork sausage, grilled tomato, beef bolognese, sauteed spinach | 5 |
| | 2x eggs, flat bread, pepita toast, gluten free sourdough | 4 |

DIE DIE, MUST TRY

| | | |
|------|--|---------|
| v | Tau Sar Pau , red bean bun singapore's best! | 2.5 |
| | Kong Bak Pau , steamed buns with braised pork in soya sauce set of 2 set of 3 | 9 12 |
| | Fried Chicken Wings , homemade chili tomato sauce - 8pcs | 10 |
| v gf | Truffle Fries | 10 |
| gf | Coachella Crab Fries , with spicy crab claw & aioli | 13 |
| v | Hot Toasted Aussie Crumpets , with butter & raw creamed karri honey | 11 |

HEALTHY STUFF

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| v | Warm Veggie Salad , sautéed kale, grilled nutmeg pumpkin, broccoli, seasoned brown rice balls, parmesan, tempeh & fried tofu | 18 |
| gf | The Megs Salad , roasted sweet potato, baby spinach, bacon, macadamia nuts, feta & asparagus with garlic mustard dressing | 17 |
| | Banh Mi Bowl , red rice, kale, shredded pickles, fresh cucumber, radish, siracha mayo & choice of: smoky tamari tofu chilli pesto chicken | 16 18 |
| vgf gf | Broccolini Quinoa Salad , charred broccolini, pesto quinoa, pickled beetroot, sautéed kale, mint, feta yoghurt, pumpkin & sesame seeds & honey lemon dressing | 18 |
| | Add Salad Extras: grilled chilli pesto chicken chickpea falafel | 5 5 |

DELICIOUS CARBS

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|---|---|----|
| v | 40 Hands Falafel , homemade chickpea falafel, hummus, tomato, lettuce, pickles, pita & cucumber raita | 16 |
| | Grilled Chicken Avo Toastie , kale, red chicory & spicy chipotle pepper sauce on turkish style bread | 20 |
| | 40 Hands Cubanos , mojo pork, honey smoked ham, mayonnaise, english mustard, gherkins, jalapenos & cheese in pepita toast | 20 |
| | 40 Hands Cheeseburger , homemade beef & bone marrow patty with provolone cheese, crisp lettuce, fresh tomato, pickles with spicy mayo in a sesame seed bun | 20 |
| | Pesto Chicken Panini , grilled chicken, pine nuts, mozzarella, pesto, tomato, mayo & fresh basil | 18 |
| | Gyro Steak Pita , sous vide steak, hummus, herb balsamic, cherry tomato, lettuce, red onion, feta & coriander | 20 |
| | Fish Basket , beer battered squid, halibut & prawns with fries & tartare sauce | 24 |

all sandwiches & burgers served with choice of salad or fries

